



GARY GOLDMAN, M.D.
Castle Connolly Private Health Partners



Redefining Women's Health Care

A more convenient, connected, and collaborative health care experience.

24/7 connectivity · preventive focus · highly individualized care

Join Us in a New Model of Care

Since I started my OB/GYN practice more than twenty years ago, my focus has always been on developing strong relationships with my patients. By taking the time to get to know each of my patients as individuals, I have been able to develop treatment plans specific to each woman's unique priorities and concerns. Recent changes in the health care system have made it challenging to continue the traditional doctor/patient interaction. To help further improve my ability to provide exceptionally personalized health care, I am pleased to announce my collaboration with Castle Connolly Private Health Partners, LLC (CCPHP). Together we have created a special program for women wishing to experience a truly connected and patient-centered approach to care. The program

offers many benefits, such as 24/7 connectivity to me by phone, e-mail, or text. With the help of Goldman-CCPHP, I will also be able to offer "virtual" appointments through a secure, telemedicine platform to make it more convenient for us to connect between office visits. The program also features a very exciting wellness offering, including health coaching and nutritionist services. For more information, call (646) 397-8523 or talk with me about it at your next office visit. I look forward to hearing from you.

Gary Goldman, MD

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Obstetrics & Gynecology



Dr. Goldman graduated from the University of Rochester with a Bachelor of Science in Neuroscience and a Bachelor of Arts in Philosophy. He attended medical school

at the State University of New York at Stony Brook where he earned his MD with Distinction in Research and was elected to the national medical honor society, Alpha Omega Alpha.

He received his training in Obstetrics & Gynecology at the New York Hospital -

Cornell Medical Center (now New York Presbyterian Hospital - Weill Cornell Medical College) as a resident from 1986-1990 and served as chief resident during his final year. Dr. Goldman continues to have admitting privileges at this hospital and has held an academic appointment at Weill Cornell Medical College since 1990.

He has published multiple articles in peer-reviewed journals and books and has lectured widely on various subjects including endometriosis, pelvic pain, laparoscopic surgery, menopause, and hormone replacement therapy. He is also the recipient of numerous awards, including Castle Connolly Top Doctors, *New York Magazine*, Patient's Choice Award, and the Best Doctors in America.

Castle Connolly Private Health Partners, LLC (CCPHP)

CCPHP was developed by Castle Connolly Medical Limited (CCML) with a goal to connect patients with top physicians and facilitate an optimal health care experience. Castle Connolly is a highly regarded research organization based in Manhattan. Dr. Goldman and CCPHP have developed a membership program that will provide members with a unique array of amenities and enhancements and connectivity to an elite network of the nation's top specialists and primary care providers.

To learn more, visit www.goldmancpph.com.

Benefits of Membership

As a member of Goldman-CCPHP, you will receive the most convenient, connected, and collaborative health care experience possible. The benefits of membership include:

- **24/7 availability.** Dr. Goldman is available to communicate with you whenever you need him via phone, e-mail, text, or telemedicine.** You will be able to connect with Dr. Goldman in the manner that is most convenient for you.
- **Extended office visits.** When you see Dr. Goldman in the office, he will spend as much time with you as you feel is needed to address your concerns.
- **Same-day or next-day appointments.** You can schedule appointments to be seen quickly - and at times that are convenient for you.
- **Connectivity to other Top Doctors.** When you need care from other specialists, Goldman-CCPHP can facilitate members' connectivity to CCML's vast network of 45,000 top providers across the U.S.
- **Telemedicine access.** As a members of Goldman-CCPHP, you can connect with Dr. Goldman through a private, sophisticated video system - which is often a more convenient alternative to an in-person office visit.
- **A focus on wellness.** The membership model provides Dr. Goldman a platform to offer you a more personalized approach to your preventive health and overall wellbeing. Members of Goldman-CCPHP can also take advantage of a wide variety of wellness benefits, in addition to the annual wellness visit Dr. Goldman offers.
- **Health coaching.** As part of the wellness benefit, members also have access to robust, customized health coaching programs. The diverse curriculum includes information and assistance on subjects such as nutrition, exercise, smoking cessation, and other wellness topics.
- **Nutrition services.** In addition to any nutritional consultation available under your health insurance plan, Goldman-CCPHP will arrange for you to have an annual, personalized nutrition consultation. The nutrition evaluation will assess dietary needs based on your underlying health status and will address appropriate lifestyle practices.
- **Dedicated office personnel.** Staff will be available at Dr. Goldman's office to expedite check-in and check-out and to help coordinate the administrative aspects of your health needs.
- **Patient-centered approach.** All members of Goldman-CCPHP receive the highest level of service and attention. Our goal is to help to combine the latest medical research, years of clinical experience, and knowledge of your individual health to enable both young and mature women to receive a connected healthcare experience.



INVEST IN YOUR HEALTH

- Take control of your health in a more proactive and dynamic way.
- Develop a stronger relationship with Dr. Goldman to create a more collaborative approach to maintaining your health.
- Connect with the nation's premier network of top physicians.



Goldman-CCPHP Commitment

Members are assured a more convenient, connected, and collaborative relationship with their physician. The structure of the membership program is designed with one simple focus: you. The amenities and enhancements of our program are designed to help members achieve their best health.



GARY GOLDMAN, M.D.*

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*Goldman-CCPHP, the membership organization referred to in this brochure, is sometimes also referred to as Gary Goldman MD Castle Connolly Private Health Partners as shown on the logo above and on the first page. Castle Connolly Private Health Partners, LLC, is sometimes referred to herein as "Castle Connolly Private Health Partners" or "CCPHP."

**In cases where Dr. Goldman is unable to communicate due to vacation, sickness, or other reason communication with another practitioner or covering physician will be arranged.