

# Lexington\*



**Castle Connolly**  
PRIVATE HEALTH PARTNERS, LLC

**A Health Care Experience  
Designed for You**

A more convenient, connected, and collaborative approach to care.



24/7 Connectivity · Preventive Focus · Personalized Approach to Care

## ***Join us in a new model of care***

For over 30 years, we have been practicing medicine with an emphasis on fostering special relationships with our patients. Caring for our patients has provided us with tremendous gratification, but in today's complex health care environment, it has become more challenging to be effective given the increasingly limited time we have with our patients. As we would like to continue to treat our patients in a relaxed, nurturing environment, there is growing pressure to shift the emphasis from focusing on our patients' needs, to managing wait times. Looking forward, we believe that we have to make a change in our practice environment in order to maintain and protect our physician-patient relationships, and ensure that we can continue to provide the level of care and service that our patients have come to expect and deserve.

As a result, we have decided to collaborate with Castle Connolly Private Health Partners, LLC (CCPHP) to create a new concierge (membership) program, Lexington CCPHP, LLC. Members of this new program will enjoy a wide variety of amenities to enhance their healthcare experience. Together with CCPHP we will be able to provide members with extended office visits, 24/7 connectivity to us, same-day or next-day appointments, health coaching, and other amenities and enhancements.

You can learn more about all of the membership benefits in this brochure or by calling **(646) 975-2296**.

**Steven E. Fochios, MD**

**Jeffrey Glick, MD**

## **Steven E. Fochios, MD**

*Internal Medicine*

Steven E. Fochios, MD, Partner of Lexington Medical Group, is board certified in Internal Medicine and Gastroenterology. Dr. Fochios attended The City University of New York where he received his undergraduate degree and The George Washington University where he received his Doctor of Medicine degree. He conducted his Internal Medicine residency and fellowship in Gastroenterology at Lenox Hill Hospital. Dr. Fochios continued his studies to receive an MBA at Bernard M. Baruch College.

Dr. Fochios's success as a physician has landed him a name amongst *America's Top Doctors*® and the *Plaque of Honor* awarded by the staff of Manhattan Eye, Ear & Throat Hospital for outstanding dedication. He shares his passion for medicine in his role as Clinical Instructor in Medicine at New York University School of Medicine. He is also a Fellow of the American College of Gastroenterology and a Member of the American Society of Gastrointestinal Endoscopy and American Gastroenterology Association.

Dr. Fochios is an Attending Physician at Northwell Health's Lenox Hill Hospital, Mount Sinai, and Manhattan Eye, Ear & Throat Hospital.

## **Jeffrey Glick, MD**

*Internal Medicine*

Jeffrey Glick, MD, Partner of Lexington Medical Group, is certified by the American Board of Internal Medicine and has been practicing in New York for over 25 years. Dr. Glick has been recognized among the best as one of 2017's Castle Connolly's *America's Top Doctors*® and *New York Super Doctors*®.

Born here in New York City, Dr. Glick attended The George Washington University for his pre-medical and medical degree. He stayed in Washington, D.C. to conduct his internship at The George Washington University Medical Center. Dr. Glick returned to Manhattan for his Residency, which he completed at Mount Sinai Medical Center.

He shares his passion for medicine through his involvement and membership with Phi Beta Kappa, American Medical Association and the American College of Physicians.

When not treating patients, Dr. Glick enjoys cycling, photography and playing the piano.

Dr. Glick is an Attending Physician at Manhattan Eye, Ear & Throat Hospital, Northwell Health's Lenox Hill Hospital, and Mount Sinai.



## Why join Lexington CCPHP?

As a member of Lexington CCPHP, you are signing up for a more specialized and collaborative healthcare experience.

Membership includes:

- **Same-day or next-day appointments.** You can schedule appointments to be seen quickly – and at times that are convenient for you.
- **Extended office visits.** When you see Dr. Fochios or Dr. Glick in the office, he will spend as much time with you as needed to address your concerns.
- **24/7 access.**\*\*\* Dr. Fochios and Dr. Glick are available to communicate with you via phone, email, or text.
- **Connectivity to other Top Doctors.** If you need care from another specialist, Dr. Fochios and Dr. Glick will have enhanced connectivity to CCML's 48,000+ Top Doctors across the world and CCPHP can help facilitate you receiving specialist care.
- **Telemedicine.** As a Member of Lexington CCPHP, you will be able to connect with Dr. Fochios and Dr. Glick through a secure, telemedicine platform, which can be a convenient alternative to an in-person office visit, when appropriate.
- **SENS Health Coach.** With Lexington CCPHP, you gain access to a SENS Health Coach that provides you with customized support and education, helping you identify and resolve potential barriers to a healthier lifestyle. CCPHP's SENS Solution approach focuses on four pillars of wellness: Sleep, Exercise, Nutrition and Stress Management. Your SENS Health Coach collaborates with your physician, creating an integrated and robust team to help achieve your wellness goals, one step at a time.
- **SENS Solution Health Assessment.** The membership model provides your physician and Health Coach with a tool to offer you a more personalized approach to your total healthcare, including prevention. You will receive access to CCPHP's comprehensive program for assessing your overall wellness and status needs.



## INVEST IN YOUR HEALTH

- **Develop a stronger relationship with Dr. Fochios and Dr. Glick to create a more collaborative approach to maintaining your health**
- **Participate more proactively and conveniently in your healthcare through enhanced connectivity to Dr. Fochios and Dr. Glick.**
- **Connect with the nation's premier Top Doctors.**



### Lexington CCPHP Commitment

Members enjoy a more convenient, connected and collaborative relationship with their physician. The structure of the membership program is designed with one simple focus: our Members. The amenities and enhancements of our program are designed to help Members achieve their individual wellness goals and support them in maintaining a healthy lifestyle.



### Castle Connolly Private Health Partners (CCPHP)\*\*

CCPHP was established by Castle Connolly Medical Limited (CCML) in order to connect patients with top physicians in order to facilitate an optimal health care experience. CCML is a highly-regarded research organization best known for its America's Top Doctors® publication. Dr. Fochios, Dr. Glick and CCPHP have developed a membership program that will provide members with an array of amenities and enhancements, including enriched connectivity to CCML's elite compilation of the nation's top specialists and primary care providers.

To learn more, visit our website: [www.lexingtonccphp.com](http://www.lexingtonccphp.com)

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[www.lexingtonccphp.net](http://www.lexingtonccphp.net)

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\*Lexington CCPHP, LLC, the membership organization referred to in this brochure, is sometimes also referred to as "Lexington Castle Connolly Private Health Partners" as shown on the logo above or as "Lexington CCPHP." Lexington CCPHP, LLC is acting on behalf of and at the direction of Dr. Fochios and Dr. Glick and their medical practice, pursuant to a Business Associate Agreement (as defined in the Health Insurance Portability and Accountability Act of 1996, as amended ("HIPAA")), to assist Dr. Fochios and Dr. Glick and their practice to inform you about, and/or respond to questions relating to, exciting changes in their practice.

\*\* Castle Connolly Private Health Partners, LLC, is sometimes referred to herein as "Castle Connolly Private Health Partners" or "CCPHP."

\*\*\* In cases where Dr. Fochios or Dr. Glick is unable to communicate due to vacation, sickness, or other reason, communication with another practitioner or covering physician will be arranged